

## **Protein Diet**

Ideal Protein is **a superior quality, high biological value protein** developed in an ISO 9001 certified laboratory in compliance with Health Canada's pharmaceutical standards. As a result, essential amino acids ensure that an ideal amount of protein is absorbed by the body with Ideal Protein.

### **The Method**

Achieve weight loss superior to any other diet program you have ever tried by increasing muscle mass and enhancing your metabolism and relying on our maintenance plan to keep it off!

*\* Lose an Average of 3-7 Pounds Per Week*

*\* Primarily Promotes Fat Loss*

*\* Helps to Maintain Muscle Mass*

*\* Supports Cellulite Reduction*

*\* Promotes Vitality & Energy*

*\* Naturally Suppresses Appetite*